You have been recommended for treatment. Now what do you do?

**Background**
Iowa law requires a drug and alcohol evaluation (sometimes called a drug and alcohol screening) for people convicted of driving under the influence. Those evaluated as not needing treatment are reported to the Iowa Department of Transportation (DOT), and that step of getting their driver’s license back is complete. If you are evaluated as needing treatment nothing is reported to DOT and you must complete treatment in order to get your driver’s license back. IWCC does not provide treatment, so you must make arrangements with an agency that provides treatment. You should have been given a list of local treatment agencies.

**Selecting a treatment agency**
Among the question you should ask when selecting a treatment agency are:
- Do you have health insurance and what does it cover?
- Does the agency take your insurance?
- What will the fee be?
- Do they have a sliding fee scale for low income people?
- What type of treatment is offered?
- Are the locations and times convenient?
- How soon can you get started?
- Can they report Completion to Iowa Department of Transportation?

**Evaluation Results**
After you have selected a treatment agency, tell them you have completed a substance abuse evaluation with Iowa Western Community College. Most agencies will want to see the results of your evaluation before your first visit for treatment. Your evaluation is good for 90 days at most agencies. (After 90 days, they may want to do another one. Things change.) You may sign a release with us, and we will send your results to your treatment agency. Alternately, you may sign a release at the treatment agency and they will forward it to us. We do not charge for sending your results.

**Treatment**
Almost all treatment recommendations are for out-patient treatment. Recommendations for in-patient treatment or emergency admissions are rare. Our recommendations are just that, recommendations. Your treatment agency will get to know you much better than we have after only one visit, and your progress will determine what they do and for how long. It is similar to your family doctor referring you to a specialist. The specialist determines the course of action.

**12-Step Programs**
It may have been recommended that you attend a 12-Step program (AA/NA) and find a sponsor. You should have been given a 12-Step “Where and When” that will tell you where to locate local meetings. Duration and frequency of attendance will be determined by your supervising officer, the court systems, and/or the treatment agency you select to attend. Merely attending meetings is not treatment and will not get your license back. Frequently, evaluators will recommend weekly attendance and contact with your sponsor. It is in your best interest to follow their professional advice.
Report of Completion
Most treatment agencies in Iowa will report your satisfactory completion of treatment to the Iowa Department of Transportation using secure electronic means. If you use an out-of-state agency, the I-DOT will accept a letter from treatment agency stating successfully completion of treatments.

You were not arrested for DUI
If you had a screening for reasons other than DUI, such as MIP, other court ordered, employment related, or your mother brought you in, we will report the results of the screening to the interested parties if you sign a release directing us to do so. They will determine what action, if any, you need to take. The results will not be reported to DOT as they don’t care about non-driving offenses.

Questions
If you have questions you may call 712-325-3361. Depending on the nature of our questions, ask for clinic support staff or the Clinic Director.